

Flu Vaccinations available now

Please contact reception to book your appointment.

Who should get the flu vaccine?

In 2018/19, flu vaccinations will be offered under the NHS flu vaccination programme to the following groups:

- all those aged two and three (but not four years or older) on 31 August 2018 (date of birth on or after 1 September 2014 and on or before 31 August 2016) – **given at Practice**
- all children in reception class and school years 1, 2, 3, 4 and 5 (date of birth on or after 1 September 2008 and on or before 31 August 2014) - **given at school**
- people aged 65 years or over (including those becoming age 65 years by 31 March 2019)
- people aged from six months to less than 65 years of age with a serious medical condition such as:
 - chronic heart disease, such as heart failure
 - chronic kidney disease at stage three, four or five
 - chronic (long-term) respiratory disease, such as severe asthma, chronic obstructive pulmonary disease (COPD) or bronchitis
 - chronic liver disease
 - chronic neurological disease, such as Parkinson's disease or motor neurone disease, or learning disability
 - diabetes
 - splenic dysfunction or asplenia
 - a weakened immune system due to disease (such as HIV/AIDS) or treatment (such as cancer treatment)
 - morbidly obese (defined as BMI of 40 and above)
- all pregnant women (including those women who become pregnant during the flu season)
- people living in long-stay residential care homes or other long-stay care facilities
- those in receipt of a carer's allowance, or who are the main carer of an older/disabled person

For 2018, there are 3 types of flu vaccine:

1. A live quadrivalent vaccine (which protects against 4 strains of flu), given as a nasal spray. This is for children and young people aged 2 to 17 years eligible for the flu vaccine
2. A quadrivalent injected vaccine. This is for adults aged 18 and over but below the age of 65 who are at increased risk from flu because of a long-term health condition and for children 6 months and above in an eligible group who cannot receive the live vaccine.
3. An adjuvanted trivalent injected vaccine. This is for people aged 65 and over as it has been shown to be more effective in this age group

If your child is aged between 6 months and 2 years old and is in a high-risk group for flu, they will be offered an injected flu vaccine as the nasal spray is not licensed for children under 2.